

# October Harvest of the Month APPLES & GRAPES

## **HOM EPISODE CONTENTS**

0:00 School Garden Tour: Edison & Jefferson

4:25 What's Growing On?: Apples & Grapes!

10:25 Science Behind It All: Habitats

15:06 Joke of the Month

15:56 Farm Field Trip: Burch Farms, Northeast, PA

total time: 19:55 min



#### **DISCUSSION QUESTIONS**

- Have you eaten apples before? How about grapes?
- What kinds and colors have you tried?
- Do you (or someone you know) grow apples or grapes at home?
- How many foods can you think of that have apples or grapes in them?
- (Grape Juice, Grape Jelly, Applesauce, Apple Juice, Apple Pie)

## **VISIT THE GARDEN IN OCTOBER!**

- In the garden, what do we find that is the same and what is different?
- Make a Venn Diagram! i.e. Shapes and colors of leaves, fruits, and flowers
- $\bullet\,\,$  · What might you encounter in the school garden in October?
- To taste: peppers, nasturtium flower, marigold flower, lettuce, radish flowers, kale
- To see: seed pods, flowers fading, pumpkins, corn, fallen fruits and veggies, mushrooms
- · To touch: lambs' ears (soft), sunflower centers (bumpy)
- · To smell: herbs (different tastes and smells)
- To hear: crunchy leaves, wind blowing the leaves



#### **CURICULUM CONNECTIONS**

CKLA – habitats (pre-K - fruits have seeds that grow into plants; farm habitat) (Kindergarten – Johnny Appleseed"; "Old MacDonald"; crops grown on a farm); (Grade 1 - explain what a habitat is; why living things live in certain habitats for which they are suited; forests and grasslands);

### **GARDEN MATH!**

- Count the number of grapes in a cluster.
- Count the number of seeds inside an apple and a grape. Which one has more?
- Use your rulers to measure things you find in the garden.

### **READ MORE!**

- The Grapes Grow Sweet: A Child's First Family Grape Harvest by: Lynne Tuft and Tess Decarlo
- From Grapes to Jelly (Who Made My Lunch?) by: Bridget Heos (This one talks about a lot of careers related to grapes)
- · Grapes to Raisins by: Inez Snyder
- · The Apple Pie Tree by: Zoe Hall
- How Do Apples Grow? by: Betsy Maestro (there is a you tube read aloud video for this one)
- · Apple Framer Annie by: Monica Wellington
- · Animal Habitats by: Julie Lundgren (also a you tube video)
- Listen to Our World by: Bill Martin, Jr.
- If You Take Away the Otter by: Susannah Buhrman-Deever (also a you tube video)
- · Walk This World by: Kate Baker

#### **EAT YOUR APPLES & GRAPES!**

- Frozen Grape Snack: https://weelicious.com/frozen-grapes/
- Homemade Apple Sauce: <a href="https://www.foodnetwork.com/recipes/food-network-kitchen/the-best-homemade-applesauce-8613215">https://www.foodnetwork.com/recipes/food-network-kitchen/the-best-homemade-applesauce-8613215</a>
- <u>Healthy Apple Nachos: https://www.mommafitlyndsey.com/healthy-apple-nachos/</u>







