

January Harvest of the Month POTATOES

HOM EPISODE CONTENTS

1. 0:00 School Garden Tour: McKinley

2. 3:05 What's Growing On?: Potatoes!

3. 5:25 The Science Behind It All: Soil

4. 10:41 Joke of the Month

5. 11:21 Farm Field Trip: Laughing Hill Farm, Wattsburg

total time: 15:33 min

episode link: https://youtu.be/rjzlx6RqjX8

DISCUSSION QUESTIONS

- What are your favorite foods that are made from potatoes? How many can you think of? (French fries, mashed potatoes, samosas, pierogies, etc)
- · How many colors of potatoes have you seen?
- · Have you ever grown or harvested potatoes?
- · What lives in the soil?

VISIT THE GARDEN IN JANUARY!

- How has the garden changed from fall to winter? Is there snow on the ground?
- Do you see any tracks in the snow? Birds, bunnies, squirrels, people?
- A Tour of Soils: Go on a scavenger hunt to find and describe five different soils from around the schoolyard: garden, playground, under a tree, next to the sidewalk, etc). With only the help of a shovel, magnifying glasses, and your senses, explore the diversity of soil types and organic matter content.
- Consider keeping a worm bin in your classroom!







CURRICULUM CONNECTIONS

CKLA - BASIC PLANT NEEDS SUCH AS NUTRIENTS FROM SOIL (PRE-K: K)

GARDEN MATH

- Count the eyes on each potato
- Sort potatoes by color and graph class results

READ MORE!

- *Up in the Garden Down in the Dirt* by Kate Messner (There are several YouTube read aloud versions too)
- Studying Soil by Sally M. Walker
- The Magic Schoolbus Inside the Earth by Joanna Cole
- "Every Little Thing" by Cedella Marley
- "Dirt: The Scoop on Soil" by Natalie M. Rosinsky
- Sing along with the song "Dirt Made My Lunch" by the Banana Slug String Band

EAT YOUR POTATOES!

- Twice-Baked Queso Potatoes: https://www.thekitchn.com/twice-baked-queso-potatoes-23077675
- Fun Fondant Potatoes: https://www.thekitchn.com/fondant-potatoes-22971254
- Homemade French Fries: https://thecozycook.com/homemade-french-fries/
- Homemade Potato Chips: https://www.superhealthykids.com/oven-baked-potato-chips/





